

Family Emergency Planning:

Items to consider may include:

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| 1. Three-month supply of food that is part of your normal daily diet: |
| 2. Drinking water: |
| 3. Financial reserves: |
| 4. Longer-term supply of basic food items: |
| 5. Medication and first aid supplies: |
| 6. Clothing & bedding: |
| 7. Important documents: |
| 8. Ways to communicate with Family/Friends/Neighbors following a disaster: (Family members may not all be together at the time of an emergency! Workplace, Schools, Friends, Relatives, etc. must all be factored into your plan.) |
| 9. Emergency Kits: Work, School, Vehicles, Extended Family & at Relatives' Homes, Pets: |

And...

Alternate Meeting Places: _____

Addresses of Friends & Family: _____

Know Survival Techniques:

- First Aid Food & Water Requirements Shelter & Physical Care
 Danger & Safety Self-protection Spiritual & Emotional Helping Others